



SEPTEMBER 2023



READ to RISE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 615-862-5750				1 Use a sock puppet to read a book and watch your child's attention soar!	2 Plan a meal or a picnic and let your child help write and check off the shopping list.
3 Make shopping a game! Who can find the beans? Where are the apples?	4 Find objects around the house and compare their weight. Which is heavier? Which is lighter?	5 Place a piece of ice in a cup and watch it melt. Talk about the change from ice to water.	6 It's International Literacy Day! Share a book with a friend.	7 It's family sing along time! Sing "Baby Shark".	9 Read a wordless picture book. They allow you and your child to create a story!	9 Put whipped cream or pudding onto a tray and encourage your child to "write" in it with fingers.
10 Encourage your child to play using puppets, dolls, or stuffed animals however they want.	11 Count how many pieces of clothing you put on to go outside.	12 Collect several kinds of leaves. How are they the same? How are they different? What kind of tree did it come from?	13 Name everyone in your family.	14 Clap out, tap on a drum, or sing the letters of your child's name. This introduces them to syllables!	15 Make up funny voices with your child, and then, use them later while reading.	16 Encourage your child to write a note or a letter to someone and send it in the mail.
17 Keep book characters alive by asking how Olivia or Batman would handle a situation.	18 Line up your family's shoes. Whose are biggest? The smallest?	19 Allow your child to observe/help while you make toast or pancakes. Talk about how the heat changes things.	20 Share a new word with your child and explain what it means.	21 Sing "Head, Shoulder's, Knees and Toes" while pointing to the named body parts.	22 Toss a sheet over chairs and add pillows to create a reading nook for you and your kids!	23 Draw on a walkway or sidewalk with outdoor chalk.
24 Look for letters while driving. Can you find a "Z"? How about a "M"?	25 Do a small beginner puzzle together.	26 Take a nature walk and notice the colors. Is anything changing?	27 Talk about opposites like up and down, on and off.	28 Sing the "ABC" song together.	29 Read a book by Karma Wilson.	30 Draw circles (or your favorite shape) with different colors.