



OCTOBER 2023



READ to RISE

library.nashville.org/readtorise

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Go for a walk and stomp on all the crunchy leaves.	2 While grocery shopping, ask your child to count the number of fruits in your cart.	3 Gather up your favorite toys and see if they float or sink in water.	4 Tell your child a story about your childhood.	5 Sing "The Ants Go Marching" while marching around the house.	6 Visit the library and check out a book.	7 Encourage baby to doodle and scribble even if they need your help to hold the crayons.
8 Go to the park or playground.	9 Encourage pre-math skills by allowing your child to measure the flour or spices when you cook.	10 Build with blocks. This helps babies learn about spatial relationships and problem solving.	11 Narrate what you do during the day to help develop your child's vocabulary.	12 Find books to sing along with. It is a great way to combine reading and music!	13 Go outside and read a book with sunglasses on	14 Large foam letters are a simple way to introduce your baby to the different angles and shapes of a letter.
15 Pretend to be your favorite animal.	16 Find things shaped like a triangle.	17 Compare a green leaf to a colorful fall leaf. How are they alike? How are they different?	18 Talk about things that make you happy.	19 Sing action songs like "Row Your Boat" and "Pat-a-Cake" to help babies learn that words have meanings.	20 Read a counting book.	21 Have your baby finger paint in the tub before a bath. You can paint letters & help them copy.
22 Jump the ABCs. It's a great way to reinforce all the letters.	23 Take a walk around the block and count how many pumpkins you see.	24 Read books about science topics to encourage curiosity and increase knowledge!	25 How many words can you think of that rhyme with cat?	26 Pick your favorite song. Sing it very high, very low, very fast, and very slow.	27 Read a book about pumpkins.	28 Draw a picture of your favorite fall activity.
29 Practice walking backwards.	30 Find and count five orange things in your house.	31 How many sounds can you make with your hands?				 615-862-5750