

JUNE 2023

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READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 615-862-5750			1 Sing the ABC song. This helps children remember letter sequence.	2 Read a predictable book with words or actions that appear over and over again.	3 Place dollops of pudding on a baking tray and draw in it or write letters.
4 Give your child plastic cups and a small pitcher and let them pour water.	5 Count backwards from 10 to 1 and then shout "Blastoff!"	6 Mix baking soda and vinegar to see what happens.	7 Name body parts and talk about what you do with them.	8 Sing "You Are My Sunshine".	9 Read together and log your Summer Reading Challenge minutes.	10 Count objects and make a tick mark for each one.
11 Play hide and seek with toys. Make it fun with "hot and cold" directions when they are near or not.	12 Measure how tall your child is, mark it, and show them. "Look how tall/big you are!"	13 Gather flowers and sort their different parts - stems, leaves, petals, etc.	14 Choose a letter. Ask (and/or help) your child to find objects around the house that start with its sound.	15 Sing the alphabet song while looking at the letters to reinforce letter awareness.	16 Read a book about space or rockets.	17 Cut up Play-Doh or junk mail or scrap paper to build hand strength.
18 Place textured items into a bowl and ask your child to find certain ones by describing them.	19 Explain that the sun comes up in the morning, and the moon comes out at night. This is a pattern!	20 Blow up a balloon, rub it on your head, and watch what happens to your hair!	21 Make a game of rhyming sounds/ words. "See you later, alligator."	22 Sing "Head, Shoulders, Knees, and Toes".	23 Find a wordless book and make up the story to go along with the pictures.	24 Color or draw a picture of summer.
25 Sort similar items by color.	26 Stack blocks (or other toys) until they no longer balance and fall down. How tall was your tower?	27 How many sounds can you make with your hands?	28 Make animal noises. This reinforces vowel sounds.	29 Sing "If You're Happy and You Know It".	30 Read a book about shapes.	