



OCTOBER 2022

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READ^{to}RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 615-862-5750					1 Make your own book with photos and names of your child and familiar people.
2 Pretend you are a bat. How would you move? Where would you go?	3 Let your child help pair up the socks when they are dry.	4 Sort fallen leaves by shape, size, and color.	5 Have fun with words that start with the same letter and make up silly sentences.	6 Sing with your child. They don't care if you can't hit the high notes!	7 Go outside and read on a blanket.	8 Provide a variety of materials to encourage drawing and scribbling.
9 Create an obstacle course to complete.	10 Count the steps from one place to another.	11 Find a non-fiction book about your child's interest to support vocabulary development.	12 Make a "feely" bag or box and help your child describe what they feel.	13 Make songs a ritual by singing them at the same time or event every day.	14 Read a biography.	15 Point out signs from the car. Ask what letters spell the word and have them write the word.
16 Go for a walk and stomp on all the crunchy leaves.	17 Cut an apple in two crosswise and find the star; count the seeds.	18 Describe the parts of a tree (bark, branch, leaf) or butterfly (wings, body, antenna).	19 Point out the first letter of your child's name when you see it on a sign or in a book.	20 Sing your favorite song from story time.	21 Read a book about pumpkins.	22 Act out fingerplays to strengthen little hands.
23 Build a fort.	24 Let your child help fold washcloths in half and then in half again.	25 Go on a bug hunt in your yard or the park. How many can you find?	26 Talk about the sounds you hear all around. What or who made it?	27 Sing a variation of "Old MacDonald" that doesn't take place on a farm.	28 Read a book about night (nocturnal) animals.	29 Draw a picture of your favorite fall activity.
30 Play hide and seek inside or outside.	31 Find things shaped like a circle.					